

August 12th, 2018
Pinecrest Baptist Church
a.m.

Sermon Series: Being Heavenly Happy
Sermon #3 Title: The Happiest Sadness
Sermon #3 Text: (Matthew 5:4-5)

Nobody likes to be sad. In fact much of today's addiction problems, whatever they may be, are human attempts to avoid a creeping sadness that haunts the hearts and minds of many people.

- that being said, there are people that are intrinsically sad, and know no way to be any other way.

On the other side of the scale there are people that aren't sad in the least, would know a rain cloud in a downpour, and live not just blissfully happy, but blizzardly happy...

- the problem with that, is that in all actuality they shouldn't be.

The fact is that there are people who are saturated with sadness who know no way out, and there are people imprisoned by gladness who know no way up.

- Our Lord had as much to say about people who are happy and shouldn't be, as He does about people who aren't happy but could be.

Before we look at the verse in our series, I want to remind you of some things about a kind of happiness that Word of God warned against . . .

Luke 6:25 – "...Woe unto you that laugh now! for ye shall mourn and weep."

Job 20:5 – "The triumph of the wicked is short; the joy of the hypocrite is but for a moment."

*Note – Now having said that, we are looking to the Lord to understand Heavenly Happiness, and in this list of Beatitudes, the Lord is defining His designed happiness for whosoever will that may come.

In our verse today – Jesus speaks to us about the Happiest kind of Sadness.

Verse 4 – "Blessed are they that mourn: for they shall be comforted."

(Now note this – before we go on. You and I will mourn and grieve the kind of mourning and grief that Jesus is talking about.

- He said here "blessed are you that mourn"

- He said in Luke 6:25 – "laugh now, mourn later."

- All that means is that there is an Unavoidable Mourning or Grieving that every human being will endure. – Now some will endure it to the end of a Blessing. Some will endure at the end in great Bitterness.

So let's understand as best we can as the Lord gives us light, what it is that Jesus is speaking of.

I. The Meaning of Mourning

A. The Definition of Mourning

*Note – Now we are just looking at the most generalized meaning of what it does mean to "mourn."

1.) pentheoh

a.) the act of grieving

b.) It is actually in the "present active tense" as the Lord speaks it.

*Note – In other words – it is an active action, not a soaking condition.

2.) One language Dr. describes this as the act of lamenting, or taking up a lamentation.

3.) It is often translated in the KJ Bible – to “wail” or “bewail.”

*Note – In short it is the exercising of inward pain. It is the outward acknowledgment of the most inward sadness.

(Now specifically what Jesus is speaking of here, is the most UPWARD acknowledgement of the most inward sadness.)

4.) Most often throughout the scriptures, “mourning” is associated with some kind of “loss” and predominantly with the loss of loved ones.

*Note – Now it is not exclusively associated with loss, but predominantly. Sometimes, mourning is associated with shame, and embarrassment, and the sure word of coming judgment.

- The Old Testament prophets are full of commands and calls for Israel to “be in mourning” because the Lord had pronounced judgment.

*Note – *All of that being said, the basic understanding of what it means to mourn is to exercise outwardly and upwardly the deep emotional pains of the heart. – or to “Lament” is a good word.*

B. The Demonstration of Mourning - “them that mourn”

1.) Now note who the blessing promised is for: not those with sorrow in heart, but with actual mourning in their lives.

*Note – Jesus is speaking of people who are engaged in mourning. Their hearts and minds are getting bitter with pain, but are getting better through grief.

2.) Now here is a point that cannot be missed:

- some people are just soaking in sorrow, while others are engaged in their grieving.

- What do I mean by that?

- There are some people in “grief” who have yet to “grieve.”

- There are some people sitting in sadness who have never mourned by process!

Ecclesiastes 7:3 – “Sorrow is better than laughter: for by the sadness of the countenance the heart is made better.”

- There is a “betterness” that effects the heart that engages in the action of mourning.

Psalms 126:5 – “They that sow in tears, shall reap in joy.”

- Mourning is divinely designed to exercise the emotions of pain that wound a heart.

- It can rightly be said that mourning is to your heart, what surgery is to your wounds – it is the exercising of pain.

*Note – Someone said once, “big boys don’t cry” – listen – Godly ones do. Jesus wept. – the pain in His heart was exercised through the fountain of His emotions.

*Note – Now here is the primary premise of what Jesus preached.

- Those who are expressing their pain, expressing their sorrow, expressing their grief, they will be comforted.

- Friend, it does you no good to Suppress true Sorrow, it will never get better till Suppressed Sorrow, becomes Expressed Sorrow.

II. The Manner of Mourning –

*Note – All right then, then that means, everyone who has ever been hurt and cried about it will find comfort . . . right!? Absolutely not.

- Jesus is not speaking of some “Generalized” mourning. He is speaking of a particular manner of mourning. (How do you know that preachers? – Because of the rest of the Bible.)

2 Corinthians 7:10 – “For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.”

There are two kinds or classes or manners of mourning that the Bible expresses and Jesus is the Bible in a body.

Two Manners of Mourning:

A. The Worldly – “the sorrow of the world worketh death.”

1.) This is a sorrow that produces nothing and ends in dying.

a.) Judas – was sorry and hung himself

b.) Paul spoke of people who
“sorrowed with no hope.”

c.) there is a worldly sorrow that left undone will do nothing but destroy its container.

*Note – Sometimes people who are being eaten from the inside out with depression who have no live wire connection to the Lord are digressing away.

d.) Biblically speaking – “Ahaz”
mourned and wept and cried because he couldn’t have Naboth’s vineyard. –
In other words he was mourning because he couldn’t have what he wanted.

e.) Amnon in the Old Testament
mourned and wept and cried because he lusted after his sister and wound up raping her.

*Note – All of that being said there is an ungodly mourning that happens when someone doesn’t get their way, a

mourning that is bitter at someone else’s success’s or even a mourning that is just flat self-induced due to ungodly behavior.

- There is no comfort for that.

- As a matter of fact the Bible says unequivocally twice in the book of Isaiah, (48:22; 57:21) – “There is no peace saith my God to the wicked.”

- Don’t read this and get the idea that everybody who mourns for anything is going to get comforted – that’s not true!

- What then is the second class or kind of mourning?

B. The Worthy – “For godly sorrow worketh repentance to salvation not to be repented of...”

1.) it is mourning of the condition of your own soul.

2.) furthermore it is mourning that moves your heart and will to turn from your own power and freedom to the plead for help from the Lord.

- Paul said Godly sorrow is sorrow that “leads to repentance!” David understood and demonstrated this kind of mourning to us probably as clear, or clearer than anyone else in the scripture.

Psalms 32:3-5 – “When I kept silence, my bones waxed old through my roaring all the day long. For day and night thy hand was heavy upon me: my moisture is turned into the drought of summer. Selah. I acknowledged my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the LORD; and thou forgavest the iniquity of my sin. Selah.”

Job 33:27-28 – When the young man Elihu was trying to speak with Job in his suffering, speaking of God, Elihu said - “*He looketh upon men, and if any say, I have sinned, and perverted*

that which was right, and it profited me not; He will deliver his soul from going into the pit, and his life shall see the light."

*Note – This was the common teaching and understanding of the people who knew the Old Testament. – All things with God begin with us mourning over our own sin. – Exercising Godly sorrow that leads to repentance.

- Some people do not understand what it means to be a sinner.

- Some people understand what it means to be a sinner, and are content being a sinner.

- Blessed are the people who understand what it means to be a sinner, and grieve and mourn because that is the case.

- Now Jesus doesn't just speak of the Meaning of Mourning, and the Manner of Mourning, but promises the "Mercy" for those in this kind of Mourning.

III. The Mercy for Mourning – "Shall be comforted."

*Note – Those who see the condition of their soul, the state of their being, and are moved to grieve over it, are the ones who get to look forward to great comfort.

A. The Future Sense – "shall be"

- 1.) Now the Lord does offer comfort in the present time for those who come to Him, and entrust themselves to Him – but that's not what Jesus is speaking of in this message.

- a.) Luke 4:18 – "He hath sent me to heal the broken hearted."

- b.) Psalm 23:4 – "Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me, thy rod and staff they comfort me."

*Note – Of course one of the fruit flavors of the Spirit is peace, as well as peace that passeth all understanding.

- There is present comfort in the Lord –

- but there is also present affliction on earth

- present tribulation, troubles, sorrows, difficulties and pains of the flesh that continually hound and stalk the comfort we can have in the Spirit.

- What Jesus is speaking of, is yet future when there are no flies in the ointment – it's just pure ointment.

- He is speaking about the time when the Kingdom that Governs the heart from the inside out in the present, will govern the land from the outside in, in the future.

Isaiah 51:11-12 is looking forward to the earthly installment of Jesus as Ruling Dictator of the world states – *"Therefore the redeemed of the LORD shall return, and come with singing unto Zion; and everlasting joy shall be upon their head: they shall obtain gladness and joy; and sorrow and mourning shall flee away. I, even I, am he that comforteth you: who art thou, that thou shouldest be afraid of a man that shall die, and of the son of man which shall be made as grass;"*

B. The Fulfilling Sense – "comforted"

- 1.) This will be mercy that you "feel."

- a.) parakaleho – "called near" "invited to"

- b.) It is a word that pictures total togetherness and tenderness.

- 2.) It is the promise of that will be fulfilled in its fullest sense in Revelation 21:3-4 – "And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God. And God shall wipe away all

tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.”

It is will be both the application of tenderness and the absence transgression - the very thing that caused this kind of mourning in the first place will no longer be! – And when that happens – there will be a sense of heightened happiness that is beyond the measuring sticks of the human language.

Conclusion: - To borrow from John McArthur- “Happy are the sad, who are sad over their sin.”

- Preachers is this what it takes to get into the kingdom of heaven, or is this the state of those people who are in the kingdom of heaven – the answer is yes!

- 1.) No one enters without mourning over their sin in the way that leads to repentance. – which comes by believing what the Bible says about you, and seeing what the Bible says about you.

- 2.) But once a person’s heart is under the rule and reign of the Lord Jesus – they never stop experiencing grief over their sin – they never stop the cycle of seeing their sin, mourning over it in the way that leads to repentance – and they keep on repenting.

- There is a happiness in the fact that when sin is actually seen, it makes one sad.

- this is the Happiest Sadness